

# The Asset of the Month

## March 2013



The goal of the Asset of the Month is to help align adults throughout our diverse community in their efforts to promote positive youth development by fostering developmental assets.

Provided by the I Have Assets Program at the Family Resource Center of Sheboygan County

### DEVELOPMENTAL ASSETS

Practical ways parents and community adults show young people that WE care and THEY matter.

#### Asset of the Month Flyer



(Click for printable flyer)

#### Asset Overview and Evidence:

The Developmental Assets® are 40 common sense, positive experiences and qualities that help influence choices young people make and help them become caring, responsible, successful adults. Because of its basis in youth

## Caring

*Young person places high value on helping other people*

- According to Deborah Spaide, founder of Kids Care Clubs, "...just as we give our children opportunities to use their legs when they're learning to walk, we need to give them opportunities to exercise their charitable muscles so they become really good at giving too."
- For more on Debbie Spade's research on Teaching Your Kids to Care, visit: <http://www.kidscare.org>.
- The Sheboygan County Volunteer Center is a great place to start looking for opportunities that fit your family's personality and schedule. Visit: <http://volunteersheboygan.com/>.



### Ideas for Parents, Mentors, and Community Members

#### 1. BE HANDS-ON

Giving money is great but help your child experience helping others and caring hands-on.

#### 2. PUT THEIR MONEY WHERE YOUR MOUTH IS

Designate a percentage of your child's allowance to charity.

#### 3. SEIZE THE MOMENT

Caring opportunities pop up all the time. Seize the moment by at least talking about caring.

#### 4. PRACTICE WHAT YOU PREACH

Kids learn best by example, so get out there and help people.

Click any of the following links for:

- Early childhood information: <http://missourifamilies.org/features/parentingarticles/parenting88.htm>
- Middle and High school student information: <http://www.kidactivities.net/category/community-service-middle-high-school.aspx>
- 2 Links for parents and all of the

development, resiliency, and prevention research and its proven effectiveness, the Developmental Assets framework has become one of the most widely used approaches to positive youth development.

The Assets represent the relationships, opportunities, and personal qualities that young people need to avoid risks and to thrive. Over time, studies of more than 2.2 million young people consistently show that the more assets young people have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to thrive.

The positive power of assets is evident across all cultural and socioeconomic groups of youth, and there is also evidence that assets have the same kind of power for younger children. Furthermore, levels of assets are better predictors of high-risk involvement and thriving than poverty or being from a single-parent family.

For more than 50 years, Search Institute® has been a leader and partner for organizations around the world in discovering what kids need to succeed. For more information on the 40 Developmental Assets, visit: [www.search-institute.org](http://www.search-institute.org).

community: <http://www.jeremiahshopeforkindness.org/parents-caring-adults/action-ideas/> <http://www.daretocaremontereybay.org/ideas.htm#schools>

## Ideas For Young People



Hey Kids! You are never too young to volunteer! See how you can make a difference at school and at home! Visit this link for ideas to get started. <http://www.generationon.org/kids>

Teens, never volunteered before? Identify your passions or interests and find ways to get started here. <http://www.generationon.org/teens>

## For Professionals

Links for ideas and tips:

- Check out our lesson plans, training, and resources at the OnGeneration site: <http://www.generationon.org/teachers>
- Get ideas fro creating a caring classroom here: <http://www.lauracandler.com/strategies/caringclass.php>
- A caring school has a caring school climate. Here are some ideas: <http://www.education.com/reference/article/caring-school-community/>

[Click here](#) for a link to activities that coincide with this month's Asset

[Click here](#) and [here](#) for Caring Newsletters created by the Search Institute.

\* The April 2013 Asset of the Month is **Peaceful Conflict Resolution** under the social competencies category.

\* The May 2013 Asset of the Month is **Self-esteem** under the positive identity category.

\* The June 2013 Asset of the Month is **Creative Activities** under the constructive use of time category.



For more information about the I Have Assets program or the Asset of the Month, click here [www.frc-sc.org](http://www.frc-sc.org) or email Erik Wagner at:

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*The I Have Assets program is a program of the Family Resource Center*