

The Asset of the Month January 2013

Provided by the I Have Assets Program
at the Family Resource Center of Sheboygan County



Asset of the Month Flyer



(Click for printable flyer)

Asset Overview and Evidence:

The Developmental Assets® are 40 common sense, positive experiences and qualities that help influence choices young people make and help them become caring, responsible, successful adults. Because of its basis in youth development, resiliency, and prevention research and its proven effectiveness, the Developmental Assets framework has become one of the most widely used approach to positive youth development.

The assets represent the relationships, opportunities, and personal qualities that young people need to avoid risks and to thrive.

Achievement Motivation

Young person is motivated to do well in School and in the community

- Research shows young people who try their best in school are better at managing stress and setting goals.
- About 65% of young people, ages 11-18, say they are motivated to do well in school, according to Search Institute surveys.
- Psychologists who subscribe to achievement motivation theory consider achievement motivation-the need to succeed-as a foundation for all human motivation.

*At the end are links for more detailed information on achievement motivation



Ideas for Parents, Mentors, and Community Members

1. Tap into your child's interests and passions. Try to connect those with what he or she is learning in school.
2. Encourage your child to do her or his best, but leave room for mistakes. Do not expect perfection.
3. Do not wait for report cards. Make contact with your child's teachers about her or his progress.

Ideas For Young People



Over time, studies of more than 2.2 million young people consistently show that the more assets young people have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to thrive.

The positive power of assets is evident across all cultural and socioeconomic groups of youth, and there is also evidence that assets have the same kind of power for younger children. Furthermore, levels of assets are better predictors of high-risk involvement and thriving than poverty or being from a single-parent family.

For more than 50 years, Search Institute® has been a leader and partner for organizations around the world in discovering what kids need to succeed. For more information on the 40 Developmental Assets, visit:

www.searchinstitute.org.

1. If you are having problems achieving a goal whether it in the community or in school, talk to a parent or adult and explore reasons why? Too difficult? Need to work on a specific skill?

2. Consider your friends attitudes toward achieving your goal. If they are misguiding or unsupportive, maybe it is time to find friends that can help you achieve your goals.

3. Do not limit your learning to school. Find books, articles, or visit with someone who has had success to determine ways to better oneself.

* The February 2013 Asset of the Month is Parent Involvement in Schooling under the support category

** [Click Here](#) for activities that coincide with this month's Asset.

*** Links for more on achievement motivation:

Livestrong.com -

<http://www.livestrong.com/article/248093-achievement-motivation-in-children/>

Seven Proven Ways to Motivate Children -

<http://www.google.com/url?sa=t&rct=j&q=&esrc=s&frm=1&source=web&cd=17&ved=0CFYQFjAGOAo&url=http%3A%2F%2Fasfms.net%2Fparentworkshops%2Fpdfs%2FSevenProvenWaystoMotivateChildren.pdf&ei=TwDnUP-5EObX0QGSioG4Bw&usq=AFQjCNFlbfzQHLP4GZcFL4ITqsZsQPRRlw>

Achievement Motivation for Underachieving Teens:

<http://life.familyeducation.com/achievement/teen/48437.html>

The goals of the I Have Assets program Asset of the Month is to help align adults throughout our diverse community in their efforts to promote positive youth development by fostering developmental assets. For more information about the I Have Assets program or the Asset of the Month, click here www.frc-sc.org or email Erik Wagner at:

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The I Have Assets program is a program of the Family Resource Center